

# **A Study of the Emotional Intelligence and Decision Making Styles of MEd Students in Yangon Institute of Education**

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## **Abstract**

The aim of this paper is to study the level of emotional intelligence and the decision making styles of MEd students in Yangon Institute of Education. A total of 150 MEd students participated in the study. Two sets of questionnaire were used to collect the necessary data for this study. Reliability coefficients suggest acceptable internal consistency for the questionnaires ( $\alpha = 0.86$  for the emotional intelligence questionnaire and  $\alpha = 0.63$  for the decision making styles questionnaire). The findings show that the total mean value of the emotional intelligence of MEd First Year students and Med Second Year Students are 95.81 and 89.63 respectively. The total mean score of the emotional intelligence of MEd students is 92.74 and satisfactory. The decision-making styles of these students were identified based on the decision making styles mean scores. It was found that the decision making style of the majority of MEd students in Yangon Institute of Education was rational decision making style. According to the findings, it could be concluded that the students participated in this study can make sound decisions in their daily lives and can lead others such as students, parents and community.

**Key words:** emotional intelligence, decision making style, rational, intuitive, dependent, avoidant

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