

Perceptions of Students and Physical Education Teachers Towards Physical Education at Lower Secondary Level in Nyaung Lay Pin Township

Nwe Ni Ye Myint¹ and Moe Moe Khine²

Abstract

The main purpose of this study is to study perceptions of students and physical education teachers toward physical education at lower secondary level in Nyaung Lay Pin Township. Quantitative and qualitative methods were used to collect the required data in this study. Questionnaire survey was used in quantitative method and observation checklist was used in qualitative method. There are four dimensions of questionnaires for students' and physical education teachers' perceptions toward physical education. These questionnaires consist of 55 items for students and 40 items for physical education teachers. Questionnaires defined by Subramanian & Silverman (2000) were used in this research. Nine B.E.H.S, Two B.E.H.S (Branch), and Four B.E.M.S (Branch) in Nyaung Lay Pin Township, Bago Region were used as the sample for this study. (360) students and (37) physical education teachers were selected based on simple random sampling. Cronbach's alpha for students' questionnaires is 0.88 and for physical education teachers' questionnaires is 0.939 respectively. Descriptive statistics, Independent Samples *t*-test, and one-way ANOVA were used to analyze the data in this study. As a result of descriptive statistics, it was found that students' attitudes toward physical education teachers had the highest attitudes and students' attitudes toward facilities and equipment had the lowest attitudes. Besides, physical education teachers' attitudes toward students had the highest attitudes and physical education teachers' attitudes toward facilities and equipment had the lowest attitudes. According to quantitative findings, the level of perceptions of students and physical education teachers toward physical education was high level.

Key words: Perception, Physical Education, Physical Education Teacher, Attitude.

1. Assistant Lecturer, Physical Education and School Health Department, Yangon University of Education
2. Associate Professor and Head, Department of Physical Education and School Health, Yangon University of Education