

# **The Mediating Role of Friendship Quality on Family Support and Academic Life Satisfaction of Adolescents**

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## **Abstract**

The main purpose of this study was to investigate the family support, friendship quality and academic life satisfaction of adolescents. A total of 600 Grade 7, 9, and 11 students participated in this study. The participants were selected from six high schools in Yangon and Bago Region by using a random sampling technique. The data was collected by using the Perceived Social Support from Family Questionnaire (Procidano & Heller 1983), and perceived friendship quality was explored by using the Friendship Quality Questionnaire (Parker & Asher, 1993) and the expected satisfaction in one's life in school was identified by using the Academic Life Satisfaction Questionnaire (Kumar & Dileep 2005). The results showed that there was a significant positive correlation between family support and the academic life satisfaction of adolescents. A significant positive correlation was also found in the relationship between friendship quality and academic life satisfaction. In addition, family support was positively and significantly related to friendship quality. Lastly, the process macro bootstrap method of Hayes (2013) was conducted to reveal the mediating role of friendship quality on the prediction of adolescents' academic life satisfaction. The results pointed out that the friendship quality partially mediated the relationship between family support and academic life satisfaction. It is hoped that the findings of this study will be useful to teachers, educators and parents to gain more insight into the friendship factors that affect students' academic performance and therefore help improve their academic performance.

**Keywords:** family support, friendship quality, academic life satisfaction, adolescents

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