

An Investigation into Teacher Academic Optimism in Basic Education High Schools

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Abstract

The main purpose of the study is to investigate the teacher academic optimism in Basic Education High Schools, Hinthada Township, Ayeyarwady Region. In this study, both quantitative and qualitative research methods were applied. The questionnaires for teachers were used for collecting the required data. The questionnaire was developed based on the review of related literature. The reliability coefficient (Cronbach's alpha) was 0.925. There are 3 open-ended questions and 4 interview questions in the teachers' questionnaires for the qualitative study. A total of 15 high school principals who had at least 2 years of administrative services in their current school were selected by using the purposive sampling method and 336 teachers from these schools were selected by using the proportional stratified sampling method. The analysis of collection data includes the Descriptive Statistics, Independent Samples *t* Test, One-way Analysis of Variance (ANOVA) and Tukey Post-Hoc. It was found that the level of teacher academic optimism was high and there were statistically significant differences in teacher academic optimism in terms of their position.

Keyword: Teacher Academic Optimism

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